

2022 Match Summary

Name of Match: How to Enable Good Lives – A collective New Zealand Experience

Location of Match: Aotearoa New Zealand (virtual)

1. Describe the **purpose** of the match: (Maximum 500 words)

Our virtual exchange provided an opportunity for hosts and visitors from around the globe to collaboratively explore and advance contemporary practice in two areas: Enabling active citizenship and Progressing service transformation.

The exchange consisted of seven online sessions facilitated by our host collective (Community Living, Humanly, Spectrum Care, and Tautoko-Options) from 15 June to 19 October 2022. Each session welcomed contributions from the host and visitors to share experiences, stories, tools and resources, current best thinking, aspirations, questions, and strategies for continuous quality improvement to sustainably enable good lives.

The key topics that were advanced on Enabling active citizenship included:

- How Community Circles are changing lives.
- Strategies and approaches for moving people/person towards greater independence, including building a human rights committee and advisory committee of disabled persons
- Approaches to hearing the voice of disabled people
- Supported decision making with in an organizational context.

The key topics that were advanced on Progressing service transformation included:

- How implementing self-management within an organisation shifts decision making to team members and people/person supported.
- Supporting a pathway out of compulsory care (i.e. people under justice orders) - what this means and how it can transform lives
- Building and sustaining wrap around supports for young people
- Progressing service transformation (which is within our control) while waiting on system transformation (which is out of our control)
- Shifting the focus of services and accountabilities away from inputs and outputs (transactional) to outcomes and impacts (transformational).

All sessions were recorded and links to the recordings were provided to match participants.

2. Describe the **leaders** who participated in the match (for example, were some of them peers, youth, family/caregivers, practitioners, policy makers, clinicians? Were they from community settings, government, NGOs, clinical settings?): (Maximum 500 words)

We had leaders participate from organisations in Aotearoa New Zealand, Australia, Canada, Ireland, and the United Kingdom.

Each participant had multiple identities, and brought multiple perspectives, including as rights holders, family/whānau, community members, support services, hapū and iwi/indigenous peoples, and government.

3. What do you see as the **game changer** for this match topic? (Game changer is defined as: a newly introduced element or factor that changes an existing situation or activity in a significant way.) (Max 500 words)

The sustainable transformation to *person-directed/driven/led practice*, where rights holders, with their significant others, have natural authority and adequate and appropriate support to exercise choice and control over the lives they lead – their self-defined good lives – requires intentionality at all levels of work across the whole sector.

Enabling good lives by hearing the voice of people (Spectrum Care), nurturing real community (Tautoko-Options), creating resilience through independence and supporting pathways from compulsory care to

independence (Community Living), requires the intentional transformation of our philosophy and practice from being “a service” to being “of service” (Humanly).

The transformation journey to sustainably enable good lives – for everyone, all of the time – begins with the consciousness-raising of each individual within the sector and our communities, because organisations, systems, and society don’t change, people do.

4. How will the match **support inclusion, resilience and growth** for this match topic and for the leaders who attended: (Maximum 500 words)

This match provided learning opportunities for participants, with their multiple perspectives, to broaden and deepen the conversations by raising consciousness about what is truly possible to enable good lives and how we can make that happen within our respective spheres of influence – right now, not waiting for more funding or new contracts or permissions from external parties.

We trust the conversations and tools and resources shared will be taken away and shared further in organisations and communities around the globe to enable good lives for everyone – rightsholders, family/whānau, community members, and our workforce.

Our intentional actions for the future include:

1. Continuing to strengthen the relationships that have been established between individuals and organisations in this exchange
2. Growing a learning community with ongoing connections and opportunities for presentations from all participants to share their work and advance our current best thinking and contemporary practice
3. Linking up advisory teams of people with lived experience of disability around the world
4. Extending these opportunities to others.