

Delivering regional trauma care for victims and survivors of the troubles/conflict in Northern Ireland

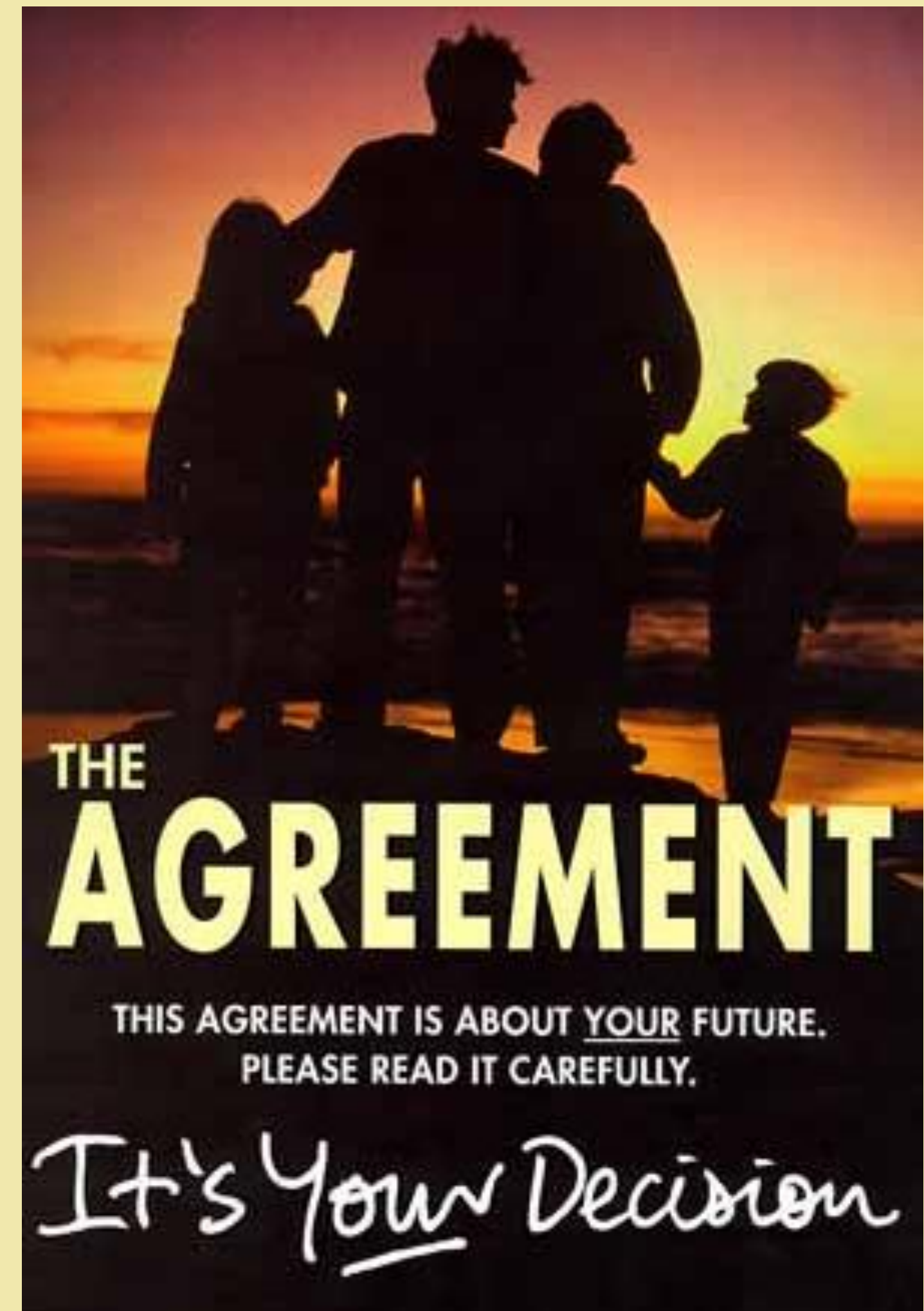


**Northern
Ireland?**



DERRY GIRLS

The Good Friday Agreement was a major political development in the Northern Ireland peace process, effectively signalling the end of the Troubles/Conflict in Northern Ireland



39% experienced a **traumatic event**

14% have a mental illness

9% have signs of PTSD

21% of NI population stated their **mental health had been affected** by their experience of a conflict-related incident

Over **213,000 people** in N Ireland are experiencing significant mental health problems as a result of the Conflict/Troubles

30 YEARS OF CONFLICT

More than 3,500 DEATHS

Over 12,000 BEREAVED

40,000 PHYSICALLY INJURED

1/3 of those who develop PTSD will not recover unless they have access to evidenced-based trauma focused therapy

NI has one of the **highest recorded rates of PTSD** anywhere in the world

39% of the adult population almost **524,000 individuals**, had experienced at least one conflict-related traumatic event during their lifetime



The
Executive Office

www.executiveoffice-ni.gov.uk

VSS

Victims & Survivors Service



CVS | COMMISSION *for*
VICTIMS *and*
SURVIVORS



Peter's story





VSS Vision

To improve the health and wellbeing of victims and survivors



VSS Mission

To work in partnership with others to enable the provision of community-led, trauma informed support and services for victims and survivors.

To connect victims and survivors with effective support at the right time and place, in line with individual needs.

To improve, evolve and develop services, co-designed with victims and survivors and others, and to ensure continuous learning and growth

VSS SERVICES

VSS

Community Partners

Needs Frameworks

Advocacy Support

Trauma Focused Physical Activity
Education and Training
Volunteering
Psychological Support

Disability Aids
Social Isolation
Persistent Pain

Community Led Services

Health and Wellbeing Case Managers

Health and Wellbeing Case Workers

CLINICAL GOVERNANCE

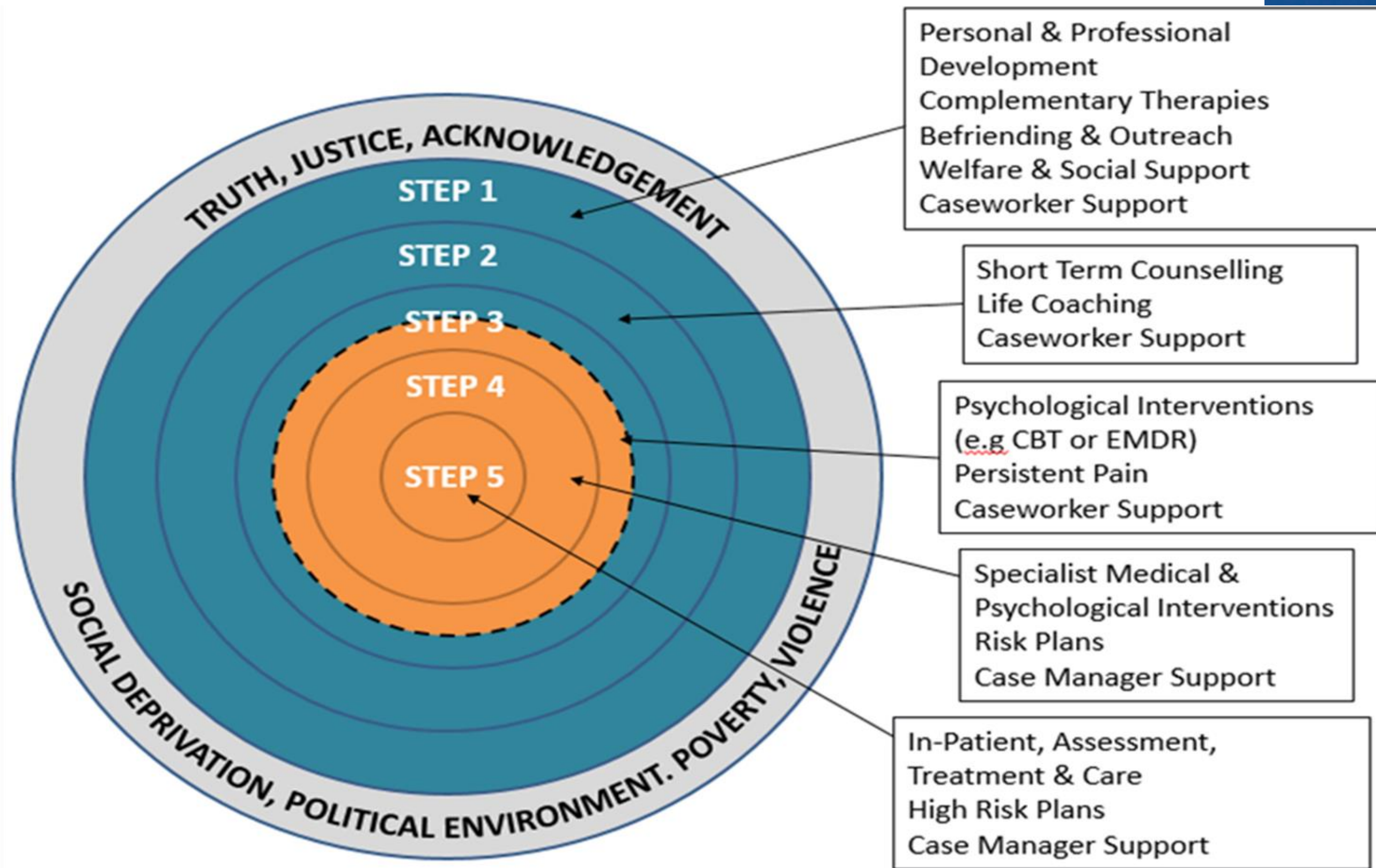
Risk Management
Evidence Based Support
Staffing & Staffing Management

Monitoring & Evaluation

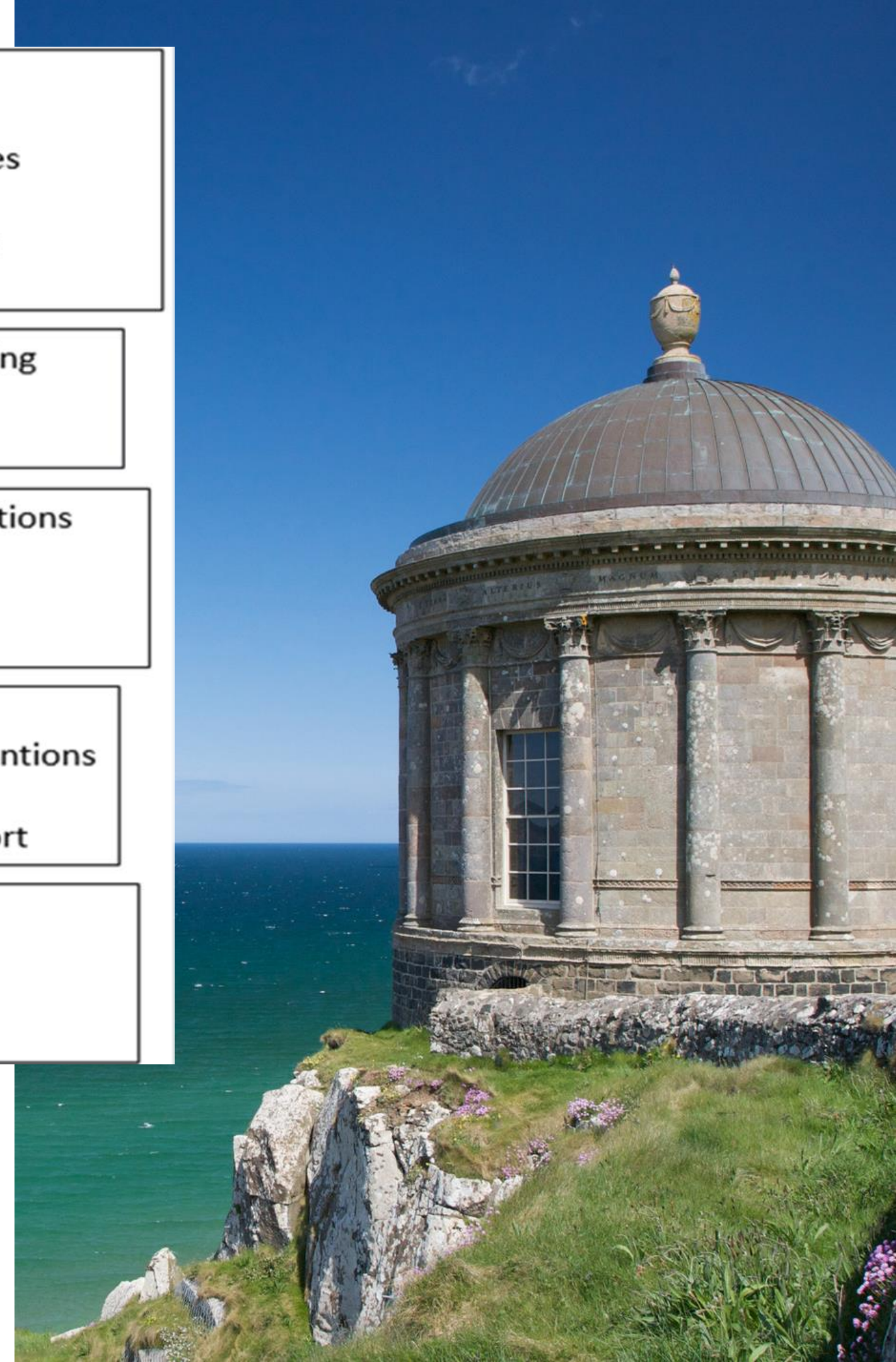
Learning & CPD
Experience & Involvement
Policies & Procedures

VSS Community Partners





STEPPED CARE MODEL



Regional Trauma Network



Stormont House
Agreement
2014



Minister Hamilton
Mental Trauma Service
2015



Minister Swann
Regional Trauma Network
2022

Co-Design: '5 Ps' approach

Purpose



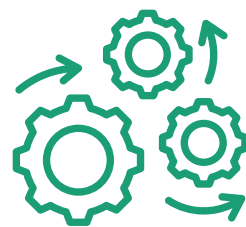
Partners



Principles



Process



Planning
Group





Co- Design

Outcomes and Reflections

Historical response of the health service



Mental ill health largest cause of disability in Northern Ireland

Direct link to the legacy of the Troubles/Conflict for some

Community resilience important protective factor

GPs under extreme pressure, especially in areas of most intense violence in 1970s and 1980s, with high prescribing rates

Mental health services responded well (though in 1970s PTSD not defined, understood or treated well anywhere)

Greater organisation of statutory response from late 1990s

Omagh bomb response 1998;
Belfast Trauma Resource Centre & Family Trauma Centre early 2000s



Addressing Challenges and Barriers to Treatment

Victims and survivors to receive right treatment, at right time, in right place

Meaningful engagement/co-production with VSS-funded organisations

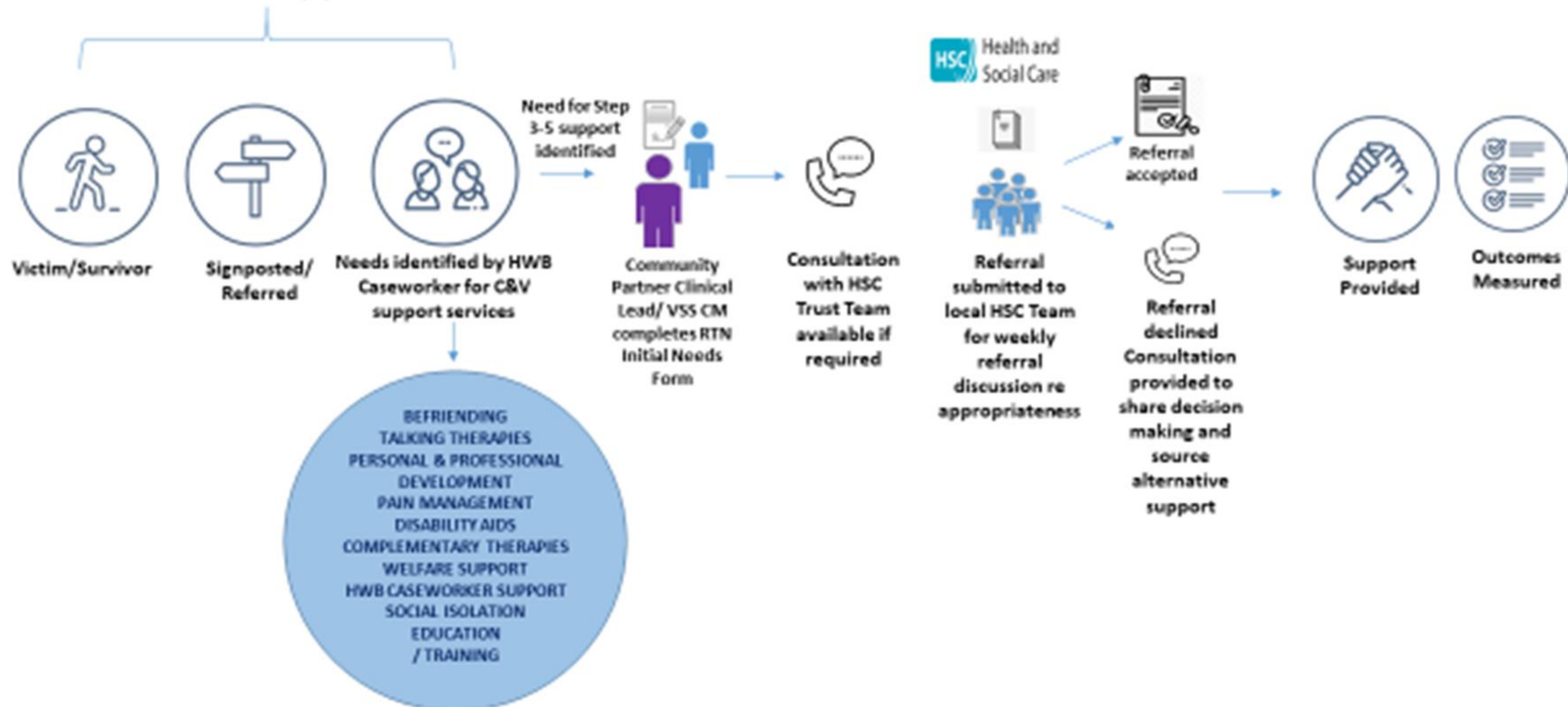
Following NICE Guidelines

Addressing physical health needs, including chronic pain

Consideration to co-morbidity (substance misuse)

RTN Referral Pathway for Statutory Services

C&V sector element of RTN remains unchanged with embedded processes and standardised paperwork.





Client centred



Co-design



Connection



Collaboration



Confluence



Creation



Care

...and
finally

